



MetAlign SYSTEMS™

...the new paradigm of healing and health

Lucille Crow

FOUNDER, METALIGN SYSTEMS | SPEAKER | EDUCATOR

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A Reiki Teaching Master since 1999, Lucille has taught Reiki Energy Therapy for 20 years, and since 2001, has taught Reiki at Normandale Community College in Bloomington, Minnesota. Her focus has been to develop Reiki Energy skill-sets for the professional, which allow them to enhance and expand their work effectiveness. This ranges from the needs of a dental surgeon to those of a licensed social worker—tailoring Reiki to their specific professional applications. Continuing Education Units (C.E.U's) are provided for their accreditation requirements.

Early in her teaching career, Lucille introduced new and advanced applications for her students to treat and heal emotional blocks and barriers. This provides the basis for healing of the Mind-Body links.

As individuals requested Reiki therapy sessions, some of their dis-orders and dis-eases were more complex than what Reiki could provide. In one session, a 65-year-old female was suffering from a profound and unresolved trauma she had experienced at age 6. The devastating trauma had resulted in multiple cardio-vascular disorders and chronic degenerative fibromyalgia over the decades of her life. Lucille received a 'divine inspiration' of treating the client's innermost core, her Spirit Body. By using the inspiration of the Spirit Body, her trauma experience was healed and fully reversed.

This inspiration proved to be the portal of treating, healing the human condition, the innermost core, the human Spirit Body. With the addition of the Spirit Body's healing and accompanying the Emotional and Mental Bodies, the resulting Mind-Body-Spirit healing provides comprehensive and authentic Mind-Body-Spirit healing. This profound healing includes the means to heal any trauma, including sexual abuse, Post Traumatic Stress Disorder (PTSD), depression, anxiety disorders and multiple physical body dis-orders and dis-eases. MetAlign Therapy™ reliably treats a wide variety of psychological disorders by treating the Mind. A variety of physical disorders, many of which are chronic, degenerative and debilitating disorders, are relieved by treating the cause and origins of their life histories.

The term MetAlign is formed from the word *meta*, which means transformation or change, and *align*, which means a return to wholeness and well-being. MetAlign is the combining, the pairing of Reiki Master energy and the standardized, scientifically validated MetAlign Technology™.

The MetAlign Practitioner determines whether the disorder can be effectively be treated via applied kinesiology. All dis-orders and dis-eases and treated from the individuals date of birth assuring the comprehensive healing of the entire lifetime. The origins and causes of every disorder are identified and treated. The resource materials of Michael J. Lincoln, Ph.D., psychotherapist with 30 years clinical experiences provides clues to identify mind-body links as means to treat a client.

MetAlign Therapy™ has currently treated over 3,400 of Lucille's clients and MetAlign students have treated many thousands of Therapy™ sessions for themselves and others on a non-professional basis.

Disorders successfully treated via MetAlign Therapy

This is a partial list of issues that have been successively treated.

- Agoraphobia Disorder
- Anger, Rage Disorders
- Anorexia, Bulimia
- Anxiety Disorders, including Panic attack levels
- Autoimmune Disorders
- Carpal Tunnel Disorder
- Challenging work, family relationships
- Childhood crippling shyness, social reticence
- Childhood Asthma
- Childhood Enuresis
- Childhood, Adult ADD/ADHD
- Chronic Fatigue Syndrome (CFS)
- Cutting Disorders, young females
- Depression disorders, including suicidal level
- Idiopathic Disorders
- Inability to conceive a pregnancy
- Hip, knee disorders, needing replacement surgery
- Mental confusion, chaotic thinking
- Migraine headaches
- Sleep Disorders
- Martyrdom/Victimhood Disorders
- Multiple Systems Atrophy Disorder
- Neurosis Syndromes
- OCD (Obsessive Compelling Disorders)
- Psoriasis Disorder
- Phobias of any form
- Overwhelming levels of stress, frustrations
- Post Traumatic Stress Disorder (PTSD)
- Repeated inability to develop, maintain intimate relationships
- Self-Destruction/Self-Sabotage Disorders
- Self-Deprecation Disorders
- Sexual Abuse/Molestation/Incest experiences
- Some forms of cancer
- Trauma, traumatic experiences
- Resentment, the most toxic of all emotions
- The impacts of human trafficking

Bibliography | MetAlign Systems™

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Biography | Lucille Crow



Lucille Crow is Founder, Master Teacher of MetAlign Therapy™; Reiki Teaching Master; a speaker, educator.

At Stanford University School of Medicine, Lucille served as an R.N. for a medical research team; at the University of Minnesota, she served as an R.N. Research Clinician. For 16 years, she was an elected public official in city government, including being elected the first woman Mayor of Excelsior MN. She has also served as an Organizational Development Consultant for governmental agencies, cities and counties. She served as a consultant for seven physician specialists in designing and setting up a specialized medical practice.

Since 2001, Lucille has created, developed and scientifically validated MetAlign Systems™ which treats the Mind-Body-Spirit with Energy Medicine combined with MetAlign Technology. She trains the professional practitioner to incorporate this revolutionary therapy into their clinical practice. MetAlign courses are also available to teach the individual to heal their own emotional and physical disorders. MetAlign technology can also provide the precise means to heal Human Consciousness and to literally transform an individual's life.

Lucille brings a wealth of experience, knowledge and wisdom to provide a powerful perspective to her work. She is visionary, compassionate, highly perceptive, dynamic and a problem solver. Lucille is committed to teaching, empowering and facilitation transitions for change in the 21st Century.